

Military Knowledge Assessment M4A

"First Aid"

Name _____

Section A: *First Aid*

- A1. T / F When the injured or ill person is a child, you must obtain consent to give care from the child's parent, if he or she is present.
- A2. T / F First aid care for shock includes offering the person water.
- A3. T / F Heat stroke is life threatening.
- A4. T / F Any serious injury or illness can lead to shock.
- A5. T / F A person who has sustained a blow to the head only needs to be evaluated for concussion if he or she loses consciousness.
- A6. A person suddenly develops a nosebleed. What should you do?
- A7. A person has cut himself and is bleeding heavily. While you work to control the bleeding, you notice that he is showing signs and symptoms of shock. EMS has been called. What should you do?
- A8. You are applying direct pressure to control external bleeding. The person is still bleeding and blood is starting to seep through the dressing. EMS has been called. What should you do?
- A9. A person has been exerting himself outside on a hot and humid day. Now he is complaining of nausea, a headache and weakness. His skin is cool and moist, and he appears pale. The person is responsive and awake. What should you do?
- A10. A person has fallen down the steps. She is responsive and complaining of back pain. What should you do?
- A11. A person tripped and fell and is now complaining of knee pain. The knee appears deformed. What should you do?
- A12. A person begins to choke on a piece of food. You ask the person if you can help. He is unable to answer you, but nods. He has a weak, ineffective cough. What should you do?
- A13. Sequence the steps for giving first aid for a burn: Cool, Cover, Scene size-up and initial impression, Stop

A14. Sequence the steps for controlling external bleeding: Scene size-up and initial impression, apply bandage, apply dressing using direct pressure

A15. Why is it important to remove soiled gloves properly?

A16. Name two signs and symptoms of hypothermia.

A17. Name an injury that could cause a concussion.

A18. Name two signs and symptoms of a muscle, bone or joint injury.

A19. What does the mnemonic RICE stand for?

A20. Name two factors that could make it necessary to call 911 or the designated emergency number for a burn injury.