

Citizenship Assessment C5A "California Disasters – Emergency Preparedness"

Name _____

Section A1: *Emergency Alerts*

1. What federal agency has primary responsibility for IPAWS and EAS?
 - a. Department of Defense
 - b. Department of Transportation
 - c. Federal Emergency Management Agency
 - d. Emergency Department

2. Which of the following might you receive an EAS message from? Select all that apply.
 - a. National Weather Service
 - b. National Center for Missing & Exploited Children
 - c. President of the United States
 - d. Department of Defense

3. When is the Emergency Alert System operational?
 - a. 24/7
 - b. During emergencies
 - c. When the cell towers go out
 - d. Weekdays, except federal holidays

Section A2: *Active Shooter*

1. What are the three options to react to an Active Shooter situation, in order?
 - a. Shoot, Run, Fight
 - b. Hide, Run, Fight
 - c. Shoot, Hide, Run
 - d. Run, Hide, Fight

2. T / F It's important to keep your phone turned on during an Active Shooter situation so you can communicate with your loved ones and receive texts from the police.

3. If you're in a classroom at school, which of the following should you do? Select all that apply.
 - a. Lock & bolt the doors, turn off the lights
 - b. Open the blinds
 - c. Gather in a group out of sight of the door
 - d. Stay very quiet

Section A3: *Attacks in Public Places*

1. T / F Mass attacks occur with unfortunate frequency in California.
2. Which of the following is NOT a type of mass attack?
 - a. Active Shooter
 - b. Student shooting his teacher
 - c. Intentional Vehicular Assault
 - d. Improvised Explosive Device
3. If you notice something that strikes you as odd, you should tell someone. The reminder for this is:
 - a. If you see something, say something
 - b. Drop a dime, they do the time
 - c. Uncle Sam wants YOU to speak up!
 - d. There's no war on terror if you're not afraid!

Section A4: *Cyber Attacks*

1. Which of the following is a type of cyber-attack?
 - a. Social Media Shaming
 - b. Denial of Service by the System Administrator
 - c. Software Downloads
 - d. Phishing
2. T / F Cybersecurity involves preventing, detecting, and responding to cyberattacks that can have wide-ranging effects on individuals, organizations, the community and at the national level.
3. What method listed does NOT protect you from cyber-attack?
 - a. Strong passwords and two-factor authentication
 - b. Create backup files
 - c. Use an open WiFi access
 - d. Update software and operating systems

Section A5: *Drought*

1. Which of the following is NOT a recommendation to conserve water?
 - a. Install an instant hot water heater on your sink.
 - b. Ensure your water softener keeps running when you're away on vacation.
 - c. Put a 1-gallon plastic jug of water into your toilet tank.
 - d. Replace your showerhead with an ultra-low-flow version.
2. T / F Instead of using the garbage disposal, throw food in the garbage or start a compost pile to dispose it.
3. Which of the following is true?
 - a. It's good to use a hose to clean off your driveway.
 - b. It's better to wash your own car (using a hose with handle-control) than a commercial carwash.
 - c. It's best to water your lawn early in the morning or later in the evening.
 - d. Most of the year, lawns need about 5 inches of water per week.

Section A6: *Earthquakes*

1. Earthquakes can cause (select all that apply):
 - a. Fires
 - b. Tsunamis
 - c. Tornadoes
 - d. Landslides
2. T / F If you're driving and experience an earthquake, it's best to keep driving unless the road is affected.
3. Which of the following is true regarding reaction to an earthquake (select all that apply)?
 - a. If you are in bed, turn face down and cover your head and neck with a pillow.
 - b. If you are outdoors, stay outdoors away from buildings.
 - c. Do not get in a doorway.
 - d. Do not run outside.
4. To stay safe during an earthquake, you should:
 - a. Drop! Cover! and Hold On!
 - b. Stop! Drop! and Roll!
 - c. Stop! Drop! and Hold On!
 - d. Drop! Cover! and Roll!

Section A7: *Extreme Heat*

1. T / F The definition of extreme heat is 100 degrees or more for at least two to three days.
2. Which of the following is suggested during periods of extreme heat (select all that apply)?
 - a. Keep windows and curtains open to get a cross-breeze through the house.
 - b. Avoid large indoor places like shopping malls and community centers.
 - c. Drink plenty of fluids to stay hydrated. Anything wet is good (water, soda, alcohol, etc.)
 - d. Avoid high-energy activities
3. Red, hot and dry skin with no sweat is a symptom of
 - a. Heat cramps
 - b. Heat exhaustion
 - c. Heat stroke
 - d. Heat rash

Section A8: *Floods*

1. T / F It's okay to walk in flood water as long as it's not more than a foot in depth.
2. A good source of information about impending floods is (select all that apply):
 - a. EAS
 - b. NOAA Weather Radio
 - c. Local alerting systems run by your city, county, or state
 - d. The guy that works at the gas station near your house
3. If trapped in a building during a flood, you should (select all that apply):
 - a. Stay on the ground floor – you're easier to rescue there
 - b. Do not climb into a closed attic
 - c. Go immediately to the roof and find a place you can shelter for a while
 - d. Collect drinking water from your faucets before the flood turns the water bad

Section A9: *HAZMAT Incidents*

1. T / F Household poisons (like rat poison or ant poison) are not considered to be hazardous materials.
2. If you have time during a HAZMAT incident, which of the following should you do?
 - a. Close all windows, shut vents, and turn off attic fans
 - b. Eat a meal before you evacuate – you don't know when you'll get your next meal
 - c. Use aluminum foil to cover your showerheads and faucets
 - d. Close all outside doors, but leave interior doors open
3. If you have been exposed to hazardous chemicals
 - a. Go to a public shelter
 - b. Follow decontamination instructions from local officials
 - c. Throw out contaminated clothing before the next garbage pick-up
 - d. Go straight home and air out the house.

Section A10: *Home Fires*

1. Which kills more people in home fires?
 - a. Burns
 - b. Inhalation of Chemicals from household HAZMAT
 - c. Inhalation of Smoke and toxic gasses
 - d. Falling down the stairs
2. What should you do if your clothes catch fire?
 - a. Stop! Drop! and Roll!
 - b. Drop! Cover! and Roll!
 - c. Drop! Cover! and Hold On!
 - d. Stop! Roll! and Cover!
3. What's true about heaters?
 - a. Stay at least 3 feet away from any space heater
 - b. Buy only heaters evaluated by a national recognized laboratory, such as Overwriters Labs

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 - c. Only use crystal clear K-1 kerosene in kerosene heaters.
 - d. Heaters manufactured for indoor use are okay in a poorly ventilated space/room

Section A11: *Household Chemical Emergencies*

1. Which of the following is NOT a hazardous household chemical?
 - a. Aerosol cans (including hair spray and deodorant)
 - b. Batteries
 - c. Automotive products like car wash and car wax
 - d. Workshop or painting supplies (such as paint thinners and turpentine)
2. T / F You should keep household chemicals in their original container
3. T / F The national poison control number is (800) 222-2222.

Section 12: *Civil Unrest*

1. Which of the following is considered civil unrest?
 - a. A peaceful demonstration
 - b. A strike
 - c. A riot
 - d. A sit-in
2. T / F A best practice regarding staying out of trouble during demonstrations is to maintain situational awareness.
3. If confronted by a violent protestor (select all that apply):
 - a. Push him away and leave the area
 - b. Remain calm
 - c. Agree with him and blame whoever he is blaming to get him off your back
 - d. Listen respectfully and objectively

Section 13: *Landslides & Debris Flow*

1. Landslides are caused by (select all that apply):
 - a. Earthquakes
 - b. Tsunamis
 - c. Storms
 - d. Fire
2. T / F Landslides can take days, or can travel at avalanche speeds
3. Which of the following are common objects carried within landslides (select all that apply)?
 - a. Trees
 - b. Boulders
 - c. Cars
 - d. Sidewalks

Section 14: *Pandemic*

1. T / F A pandemic can be in a single country or worldwide.
2. Preparation for a pandemic should consist of (select all that apply):
 - a. Store supplies of food and water
 - b. Have a plan for evacuation
 - c. Determine how you'll care for loved ones who become ill
 - d. Gather supplies you'll need to quarantine at home
3. Best practices during a pandemic include (select all that apply):
 - a. Wash your hands often
 - b. Avoid contact with people who are sick
 - c. Move your elderly parents into nursing homes if they're living on their own
 - d. Get lots of exercise and eat a healthy diet

Section 15: *Power Outages*

1. Which of the following is NOT a recommendation to protect yourself during a power outage?
 - a. Keep your freezer and refrigerator closed.
 - b. If electricity is out, use your gas stove or oven to heat your home.
 - c. Only use generators outdoors and away from windows
 - d. Disconnect appliances and electronics to avoid damage from electrical surges.
2. At what temperature is your refrigerated food no longer safe to eat?
 - a. 30 degrees
 - b. 40 degrees
 - c. 50 degrees
 - d. 60 degrees
3. How long will refrigerators keep food cold enough, if you keep the refrigerator door closed?
 - a. 1 hour
 - b. 2 hours
 - c. 4 hours
 - d. 24 hours

Section 16: *Snowstorms & Extreme Cold*

1. Which of the following is NOT a recommendation for safety during winter storms?
 - a. Drive carefully, and slow down in icy spots
 - b. Use generators outside only and away from windows
 - c. Look for signs of hypothermia and frostbite
 - d. Prepare for power outages
2. Numbness, white or grayish-yellow skin, firm or waxy skin are signs of:
 - a. Hypothermia
 - b. Heat exhaustion
 - c. Frostbite
 - d. Chilblains
3. T / F Frostbite is a minor injury. You don't need further medical attention unless the tissue starts to swell.
4. T / F Hypothermia can lead to death if not identified and treated immediately.

Section 17: *Thunderstorms & Lightning*

1. T / F Thunderstorms and Lightning are very very frightening.
2. Which of the following is not generally an outcome of thunderstorms?
 - a. Hurricanes
 - b. Hail
 - c. Tornadoes
 - d. Floods
3. If outside without shelter during a thunderstorm, which of the following should you NOT do?
 - a. Keep away from metal conductors
 - b. Stay away from open areas
 - c. Stay away from water
 - d. Lie flat on the ground

Section 18: *Volcanoes*

1. T / F Volcanic eruptions can be dangerous, but we don't have them in California, so we don't need to worry.
2. A volcanic eruption evidences all the following EXCEPT:
 - a. Mud flows
 - b. Lava flows
 - c. Ash
 - d. Remote explosions as flowing lava encounters water
3. Which of the following is a best practice near a volcano?
 - a. Carry an umbrella to protect from falling ash
 - b. Ignore evacuation orders
 - c. Avoid areas upstream of the eruption
 - d. Avoid areas downstream of the eruption

Section 19: *Wildfire*

1. If you're in an area covered by a Red Flag Warning, you should (select all that apply):
 - a. Leave
 - b. Listen for emergency information and alerts
 - c. Use N95 masks to keep particles out of the air you breathe
 - d. If trapped, call 9-1-1
2. T / F An aspect of wildfires is they give you time to react – you can see them coming
3. Which of the following are good ways to prepare for wildfires (select all that apply)?
 - a. Know your community's evacuation plans and map out several routes you could take out of the area.
 - b. Gather emergency supplies, including food, water, N95 masks
 - c. Keep digital copies of important documents
 - d. Clear a fire-resistant zone of flammable vegetation at least 30 feet out from your home

Section 20: *Recovering from Disaster*

1. T / F Once the fire is out, it's okay to re-enter your home to check for damage
2. T / F Wildlife, especially snakes, are a danger as you return home after a disaster
3. T / F The ability to do good research will help you obtain available government benefits after a disaster.